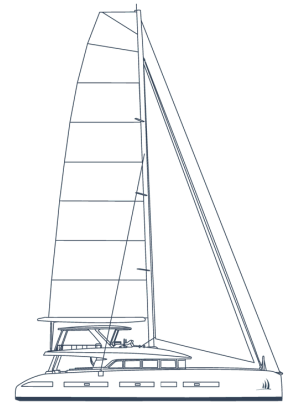


Hélène Decock

FIRST MATE



Hélène Decock is the first mate of Spirit of Ponant, with over 5 years' sailing experience to her name. She holds a Master 200 with a specific module on sailing and a Deckhand certificate.

Her professional career has taken her aboard prestigious Motor Yachts and Sailing Yachts such as "Le Belem" and "Le Lapérouse" (Le Ponant company), where she held positions as hostess and deckhand before obtaining her skipper's diploma.

Having travelled the world for over 10 years, she has proven expertise in navigation and crew management, making her an invaluable resource for any maritime expedition.

Nationality

French

Date of birth

22 / 01 / 1992

Languages

French ██████████
English ██████████
Italian ██████████
Spanish ██████████

EDUCATION

| | |
|---|------|
| 200 Sailing Captain's Certificate | 2023 |
| Masters in HR Management and Employment Law | 2015 |

What do you like to do outside work?

In my spare time, I enjoy being outdoors and taking part in water sports such as kite-surfing, surfing and, more recently, wingfoiling.

What is your best sailing memory?

My best memory at sea is a day watch on "*Le Belem*" during the passage through the Strait of Messina. I was in charge of the watch.

Why did you decide to do the work you do today?

Thanks to this job, I'm looking to discover new destinations while sailing. It's also a new challenge for me.